

Doll Sleepover Gear:

Sleeping Bag, Pillowcase, and Sleep Mask

Class Description

Have fun learning beginning sewing skills as you make a sleepover set for your doll, as seen on page 61. In this beginning sewing class, you will make a quilted sleeping bag that can be rolled up for travel, a matching pillowcase, and a sleep mask for your 18 inch doll. A perfect set to accompany you and your doll on your next sleepover at a friend's house.

Build your sewing skills as you learn to sew with batting and how to quilt the sleeping bag. You'll also create a cute sleep mask for your doll as you learn how to sew with a simple sewing pattern.

Instructors: Students should have a basic knowledge of a sewing machine, such as threading and operating their sewing machine.

Class Length

3-4 hours for intermediate or advanced beginners

4 hours for beginners

Students may need a short break at the half way point, or class may be broken into 2 class sessions. Larger classes may need more time to finish all 3 projects.

Class Supply List

Required text: [*Sew in Style—Make Your Own Doll Clothes*](#) by [Erin Hentzel](#)

1/2 yard of quilting cotton for sleeping bag, pillowcase, and sleep mask*

1/2 yard of quilting cotton for sleeping bag lining and pillowcase accent fabric

Thin, quilt batting

1 1/2 yards of grosgrain ribbon, 1/2" or 5/8" wide

8 inches of 1/4 inch wide elastic

Matching thread

Fabric marker and quilting ruler, such as an Omnigrid ruler

*Pinking shears are used for the sleep mask. If pinking shears are not available in the classroom for students to use, then felt may be used for the sleep mask project.

TIP: Make it even easier for students to take the class by offering project fabric kits for students to purchase. Kit should include 2 coordinating fabrics (1/2 yard each), quilt batting, grosgrain ribbon, 1/4" wide elastic, and matching thread. Pre-cutting the fabric and batting is sometimes helpful for the younger students and for the beginner students.

Classroom Preparation

Classroom should include a workspace for each student, which includes a sewing machine and small cutting/work space. The individual work space next to their sewing machine is important for children and should be large enough for both their project and book, so students may reference the step by step photos in the book.

A common ironing station is also needed.

Class Agenda

Sleeping Bag

Follow the instructions beginning on pages 72 -74.

1. Cut out fabric and batting for bag, according to directions on page 72.
2. Layer the fabric and batting and sew bag, as directed on page 73.
3. Cut and insert the ribbons.
4. Sew the ribbons and bag.
5. Quilt the bag.
6. Finish the bag.
7. Demonstrate how to roll and tie sleeping bag.

Pillowcase

Follow instructions beginning on page 76.

1. Measure and cut out fabric.
2. Fold and press the accent fabric.
3. Sew the accent fabric.
4. Make the pillowcase.

Sleep Mask

Follow instructions on page 70.

1. Use the pattern to cut fabric pieces, pullout pattern sheet page 2.
2. Sew the elastic to mask piece.
3. Sew the mask.

